

Enviro Pop Quiz



True or false?

	True	False
1. We humans are separate from one another and the rest of creation.	<input type="checkbox"/>	<input type="checkbox"/>
2. Nature is a resource for our human use, and it is unlimited.	<input type="checkbox"/>	<input type="checkbox"/>
3. A healthy society depends on a growing economy.	<input type="checkbox"/>	<input type="checkbox"/>
4. When we buy something, the price we pay reflects the full cost of making it.	<input type="checkbox"/>	<input type="checkbox"/>

Answer: All statements are False.

If you answered "True," did you know:


- 60% of the ozone layer has been *lost in 50 years*.
- 70% of the world's original forests have been *eliminated*.
- 30% of the world's arable land has been *lost in the last 40 years*.
- 90% of all large fish are *gone from the ocean*.

"If you have food in the refrigerator, clothes in your closet, a bed to sleep in, and a roof over your head, you are better off, materially, than 75% of the people on this planet."

You are one important person in a world population of 7 billion.

Your daily life choices can affect the fate of the world.

What you can do

- Ride a bicycle or use public transportation.
- Power down and unplug.
- Conserve water.
- Consume less, waste less.
- Rethink processed food.
- Make your own cleaning products. 
- Pass up the fast food joint.
- Brew your own coffee.
- Drink filtered tap water.
- Become a vegetarian or eat less meat.
- Grow some of your own food.
- Get clarity of your wants vs. your needs.
- Park your car and walk, and, when necessary, MARCH!
- Change your light bulbs, then change your paradigm.
- Recycle your trash.
- Talk to everyone about these issues.
- Buy green, buy fair, buy local, buy used, and buy less.

All-Purpose Cleaner

- 1 quart warm water
- 1 teaspoon liquid soap
- 1 teaspoon borax
- ¼ cup undiluted white vinegar

Mix ingredients and store in a spray bottle. Use for cleaning countertops, floors, walls, carpets, and upholstery.

For more information and sustainability resources, contact Natalie Birks at 206.818-4968 natalie@swcoalition.org

Thank you for helping us work towards a world that is environmentally sustainable, socially just, and spiritually fulfilling.